

**Addiction Recovery:  
A Selected Bibliography of  
Professional Publications and Scientific Studies**  
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**Introduction**

This topical bibliography is intended as a supplement to a recovery management monograph series developed through the sponsorship of the Center for Substance Abuse Treatment’s Great Lakes Addiction Technology Transfer Center, the Institute for Research Education and Training in Addiction, and the Philadelphia Department of Behavioral Health and Intellectual disability Services. (This series can be downloaded from [www.williamwhitepapers.com](http://www.williamwhitepapers.com).)

What I have tried to do in this bibliography is capture scientific and professional papers specifically related to addiction recovery or that provide insights into the prevalence, pathways, processes, pathways, styles, and stages of addiction recovery. The primary emphasis is on studies and papers published in leading peer-reviewed scientific journals. It is hoped this will help interested readers locate classic and contemporary papers related to the resolution of alcohol and other drug problems. Future updates of this recovery research bibliography will be under the auspices of the Recovery Research Institute: <https://www.recoveryanswers.org/>

The bibliography is organized topically under the following headings: (Page numbers below may be off by a few pages due to new citation additions.)

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### **Toward a Recovery Paradigm**

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### **Recovery Definition**

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### **Spirituality and Addiction Recovery (Also see Frameworks of Addiction Recovery)**

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## Recovery in Communities of Color & Other Diverse Populations

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### **Recovery Capital**

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### **Recovery Mutual Aid (Overview of Secular, Spiritual, and Religious Recovery Support Groups)**

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### **Representative Studies/Papers on Twelve Step Groups**

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**Web Resource to Explore Choice of Recovery Mutual Aid (Most comprehensive and most frequently updated resource for recovery mutual aid groups)**

<http://www.facesandvoicesofrecovery.org/resources/support/index.html>

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### **Remission via Deceleration of Alcohol and Other Drug Use (Also see Style of Recovery Initiation / Moderation Management)**

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### **Psychedlics and Addiction Recovery**

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### **Peer Recovery Support Services (and Social Network Effects on Recovery)**

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### **Digital Recovery Support Services**

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## People in Recovery Working as Addiction Counselors and other Professional Roles

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NOTE: For a complete bibliography for Al-Anon, see <http://www.williamwhitepapers.com/pr/2012%20Al-Anon%20Alateen%20Chronology.pdf>

### **Health Status of People in Recovery**

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### **Recovery Management and Recovery-oriented Systems of Care**

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### **On Recovery Research**

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### **Recovery High Schools & Collegiate Recovery Programs**

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### **Recovery and Harm Reduction (Also See Peer Recovery Support Services)**

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### **Strategies for Breaking Intergenerational Cycles of Addiction**

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### **Addiction Recovery and Stigma**

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